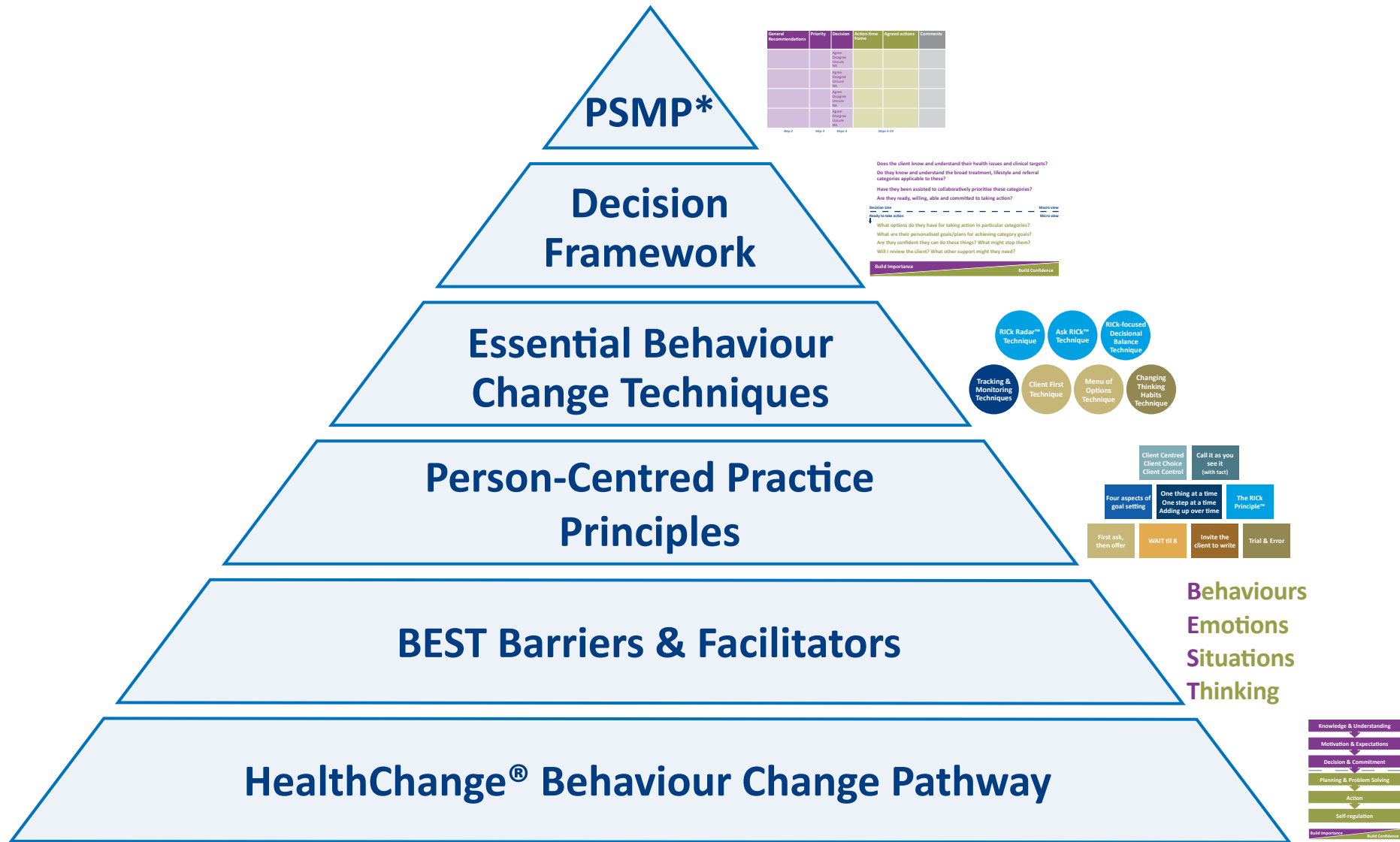


HealthChange[®] Methodology: Integrated suite of tools



*PSMP: Personal Self-Management Plan

